

All activities are subject to the changing needs of the residents. Please see the notice by the mail boxes for updates, to give suggestions or to sign up for trips and activities.

Sunday Hot Breakfast 8-9	Monday	Tuesday Hot Breakfast 8-9	Wednesday	Thursday Hot Breakfast 8-9	Friday	Saturday
 	<h1>March</h1> <h1>2019</h1> <p>“ In like a lion, out like a lamb.”</p>		OUT – outside GYM – in the GYM DR – in the Dining Room TH – in the Theatre FR – in the Front Room CR – 2 nd floor Craft area LIB – 3 rd floor library area	<p><i>Happy Birthday</i></p> <p><i>Chuck - 24th</i></p>	1 9:30-11:30 SHUTTLE 10:00 Seated Exercises TH 1:30 Bus to World Day of Prayer @ Nexus learn about Slovenia ✓ 3:30 Happy Hour BYOB -FR Mat Duffus 🎵 6:15 Movie night -TH “This is Us” Series	2 1:30 BINGO Bistro 3:00 Create with Kim 6:15 Movie Night TH
3 1:30 Ice Cream Social in the Bistro 🍦 3:00 Movie Series – “When Calls the Heart”	4 10:00 Seated Exercises TH 10:00 Nail Beauty FR 1:00-3:00 SHUTTLE 1:00 Dover Dolls Wii Bowling 3:45 Reading Group Library	5 <i>Shrove Tuesday</i> Poker Walk 10:00 Learn about Chair Hockey TH 1:00 Out for a Drive ✓ 3:30 Cribbage practice 4:30 Poker Walk bring your hand - Bistro	6 10:00 Exercises GYM 11:00 Out for Lunch Group 2:45 Try Chair Hockey TH 3:30 Cribbage practice 3:30 Wii Bowling Go Go Gals TH 6:15 “Call the Midwife” TH	7 11:00 Music with Maxine 1:00 Game Time /Meet SMS Students FR/Bistro 3:30 Cribbage practice 3:30 Intergenerational Choir @Seniors Centre 6:30 Men’s Choir 🎵 Practice DIN 6:15 “The Crown” Series	8 <i>International Women’s Day</i> 9:30-12:00 SHUTTLE 10:00 Exercises Seated TH 3:30 Happy Hour BYOB FR Just Nadine 🎵 6:15 Movie Night -TH “This is Us” Series	9 2:00 Andréa Roberts’ Voice Students to perform in the Front Room 🎵 6:15 Movie Night TH TONIGHT clocks spring forward 🕒
10 Daylight Savings begins Today clocks spring ahead 1:00 Movie Series – “When Calls the Heart” 🎵 2:00 Teena and Lloyd Sing-a-long – FR	11 10:00 Exercises Seated TH 1:15-3:15 SHUTTLE 1:00 Dover Dolls Wii Bowling 3:45 Group Reading Library	12 Poker Walk 10:00 Horserace Game Bistro <i>1:15 Garden Club planning meeting LIB</i> 3:00 Try Chair Hockey 4:30 Poker Walk bring your hand - Bistro 6:00 Strikers Wii Bowling	13 10:00 Exercises GYM 1:00 Resident Meeting TH 3:30 Wii Bowling Go Go Gals TH 6:15 “Call the Midwife”	14 10:00 Chair Hockey TH 1:15 Art Gallery Bus Trip 3:30 Intergenerational Choir @ Seniors Centre 6:30 Men’s Choir 🎵 Practice DIN 6:15 “The Crown” Series	15 9:30-11:30 SHUTTLE 10:00 Seated Exercises TH 3:30 Happy Hour BYOB -FR Terry Mooney 🎵 6:15 Movie night -TH “This is Us” Series	16 1:00 – 4:00 Spring Open House for the Community to tour Andover 2:00-4:00 Lloyd & Shuswap Jammers 🎵 6:15 Movie Night TH –

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Hot Breakfast 8-9  17 St. Patrick's Day 1:00 Movie Series – "When Calls the Heart" 2:00 Mt View  Praise (7 th Day Adventist) Sing-along – FR 3:30 Tom Brighthouse and Friends - Irish Sing-along 	18 10:00 Seated Exercises TH 1:00 Dover Dolls Wii Bowling 1:15-3:15 SHUTTLE 3:45 Reading Group Library	19 Poker Walk <i>10:00 Garden Club</i> 2:00 Monthly Birthday Party  4:30 Poker Walk bring your hand - Bistro 6:00 Strikers Wii Bowling	20 10:00 Exercises GYM 1:00 Bus Trip to Floor Hockey Tourney @ Rec Centre ✓ 3:30 Cribbage practice 3:30 Wii Bowling Go Go Gals TH 6:15 "Call the Midwife" - TH	21 10:00 Nail Beauty FR 11:00 Music with Maxine 1:15 Out for a Drive ✓ 3:30 Intergenerational Choir @ Seniors Centre 6:30 Men's Choir Practice DIN  6:15 "The Crown" Series	22 9:30 -12:00 SHUTTLE 10:00 Seated Exercises TH 11:00 Anglican Church service TH 3:30 Happy Hour BYOB -FR Ivan Koch  6:15 Movie night -TH "This is Us" Series	23 1:30 BINGO Bistro 3:00 Movie Mattinee TH 6:15 Movie Night TH	
<i>Happy Birthday Chuck</i> 24 1:00 Movie Series – "When Calls the Heart" 2:00 Mountain View Baptist Church service.	25 10:00 Seated Exercises TH 1:15-3:15 SHUTTLE 1:00 Dover Dolls Wii Bowling 3:45 Group Reading Library	26 Poker Walk 10:00 Ladder Toss FR 4:30 Poker Walk bring your hand - Bistro 6:00 Strikers Wii Bowling	27 10:00 Exercises GYM 1:15 Out for a Drive 3:30 Wii Bowling Go Go Gals TH 6:15 "Call the Midwife" - TH	28 <i>10:00 Garden Club</i> 1:15 Walk @ McGuire Lake 3:30 Intergenerational Choir @ Seniors Centre 6:30 Men's Choir Practice DIN  6:15 "The Crown" Series	29 9:30 -12:00 SHUTTLE 10:00 Seated Exercises TH 3:30 Happy Hour BYOB -FR Francis Greencorn  6:15 Movie night -TH "This is Us" Series	30 1:30 BINGO Bistro 3:00 Create with Kim 6:15 Movie Night TH	
31 2:00 Movie Series – "When Calls the Heart"	OUT – outside GYM – in the GYM DR – in the Dining Room TH – in the Theatre FR – in the Front Room CR – 2 nd floor Craft area LIB – 3 rd floor library area	<div style="background-color: #FFD700; padding: 5px; text-align: center;"> <i>Good Friday is April 19th and Easter Sunday is April 21st.</i> </div>	<i>Happy Birthday Chuck - 24th</i> 	<h1>March 2019</h1> 			