





All activities are subject to the changing needs of the residents. Please see the notice by the mail boxes for updates, to give suggestions or to sign up for trips and activities.

Sunday Hot Breakfast 8-9	Monday	Tuesday Hot Breakfast 8-9	Wednesday	Thursday Hot Breakfast 8-9	Friday	Saturday	
<h1>May 2019</h1>	OUT – outside GYM – in the GYM DR – in the Dining Room TH – in the Theatre FR – in the Front Room CR – 2 <sup>nd</sup> floor Craft area LIB – 3 <sup>rd</sup> floor library area	<b>Happy Birthday</b> <i>See list on second page</i>  ✓ please sign up	1 10:00 Exercises GYM  <b>1:15 Out for a Drive</b>  3:30 Cribbage practice 6:15 “Call the Midwife” TH	2 9:30-11:30 <b>SHUTTLE</b> 11:00 Music with Maxine TH 1:15 Nail Beauty FR 3:00 Last week - Bus to Intergenerational Choir practice @ Nexus 6:15 “The Crown” Series	3 <b>Happy Birthday Ellen</b> 10:00 Exercises Seated TH  3:30 Happy Hour BYOB FR Ivan Koch 6:15 Movie Night -TH 🎵 “This is Us” Series	4 <b>Happy Birthday Sjoek</b> 1:30 BINGO Bistro  3:00 Movie Documentary BBC Series Planet Earth TH 6:15 Movie Night TH	
	Cinco de Mayo 5 <b>1:00 Bus A</b> <b>1:20 Bus B</b> <b>(2:00 Concert)</b> <b>Intergenerational Choir Concert @ Nexus</b> 1:30 Create with Kim - Spring Door Wreaths CR	<b>Happy Birthday Elizabeth</b> 9:30 Caterpillars arrive FR 10:00 Seated Exercises TH 1:15-3:00 <b>SHUTTLE</b> 1:00 Dover Dolls Wii Bowling 3:45 Reading Group Library 6:15 Pillars of the Earth mini series DVD TH <b>NEW!</b>	7 10:30 Poi Practice TH 11:00 Word game Bistro 1:15 Art Gallery “Flight” <small>Twelve artists of mixed media explore the declining songbird population.</small> <b>3:30 Baby Goats Visit in the back court yard</b> 3:30 Cribbage practice 6:00 Strikers Wii Bowling	8 10:00 Exercises GYM 10:30 Mother’s day Trivia Bistro <b>2:00 Garden repotting CR</b>  3:30 Cribbage practice 6:15 “Call the Midwife” TH	<b>Happy Birthday Fay</b> 9:30-12:00 <b>SHUTTLE</b> <b>12:45 Bowling with the SMS Students Activity</b> 3:30 Cribbage practice 3:30 Help Clean Caterpillars 6:30 Men’s Choir Practice DIN 🎵 6:15 “The Crown” Series	10 10:00 Exercises Seated TH  3:30 Happy Hour BYOB FR TBA 6:15 Movie Night -TH 🎵 “This is Us” Series	<b>Happy Birthday Josephine</b> 10:00 Bus to “She Shoe Swap” at OK College ✓  1:30 BINGO Bistro  3:00 Create Art with Kim 6:15 Movie Night TH
	<b>Mother’s Day</b> 12 1:00 Ice Cream Banana Split Social on the PATIO   2:00 Teena and Lloyd Sing-a-long – FR 🎵	<b>Happy Birthday Ruth and Chris</b> 9:30 Help Clean Caterpillars 10:00 Exercises Seated TH 1:15-3:15 <b>SHUTTLE</b> 1:00 Dover Dolls Wii Bowling 3:45 Group Reading Library 6:15 Pillars of the Earth mini series DVD TH	14 10:30 Poi Practice TH <b>1:15 Resident Meeting TH</b> 4:00 Happy Feet Walk around the block with Helena (if you can walk McGuire Lake you can do this) 6:00 Strikers Wii Bowling	<b>Happy Birthday Partrick</b> <i>Helena away</i> 9:30 Help Clean Caterpillars FR 10:00 Exercises GYM <b>2:00 Monthly Birthday Party</b>  4:00 Victoria Day discussion Bistro 6:15 “Call the Midwife” TH	<b>Helena Away</b> 16 9:30-11:30 <b>SHUTTLE</b> 11:00 Music with Maxine 1:15 What is Ramadan? 30 min. Discussion Bistro 2:00-4:30 Cribbage Tournament Bistro 6:30 Men’s Choir Practice DIN 🎵 6:15 “The Crown” Series	17 10:00 Seated Exercises TH  3:30 Happy Hour BYOB -FR Vicki Wiebe 6:15 Movie night -TH 🎵 “This is Us” Series	18 2:00-4:00 Lloyd & Shuswap Jammers 🎵  6:15 Movie Night TH –

Sunday Hot Breakfast 8-9	Monday	Tuesday Hot Breakfast 8-9	Wednesday	Thursday Hot Breakfast 8-9	Friday	Saturday
19 1:00 Movie Series – “When Calls the Heart”  2:00 Mt View Praise (7 <sup>th</sup> Day Adventist) Sing-along – FR	Victoria Day 20 10:00 Seated Exercises TH 1:00 Dover Dolls Wii Bowling 3:45 Reading Group Library 6:15 Pillars of the Earth mini series DVD TH	Happy Birthday 21 Ron 9:30 – 12:00 Wellness Check (BP and weight) Bistro 1:15-3:15 SHUTTLE 3:30 Happy Feet Walking Group 6:00 Strikers Wii Bowling	22 10:00 Exercises GYM <b>11:00 Out for Lunch Group</b> 3:30 Cribbage practice 3:30 Wii Bowling Go Go Gals TH 6:15 “Call the Midwife” - TH	23 9:30 -12:00 SHUTTLE 10:30 Poi Practice TH <b>1:15 High Mountain Farm To choose flowers for garden beds</b> ✓ 6:30 Men’s Choir Practice DIN 6:15 “The Crown” Series	24 10:00 Seated Exercises TH 11:00 Anglican Church service TH 3:30 Happy Hour BYOB -FR Just Nadine 6:15 Movie night -TH “This is Us” Series	25 1:30 BINGO Bistro 3:00 Create Art with Kim 6:15 Movie Night TH
26 1:00 Movie Series – “When Calls the Heart”  2:30 Friends of Andover Library Book Sort LIB	27 10:00 Seated Exercises TH 1:15-3:15 SHUTTLE 1:00 Dover Dolls Wii Bowling 3:45 Group Reading Library 6:15 Pillars of the Earth mini series DVD TH	28 10:00 Ladder Toss FR 10:30 Poi Practice TH <b>1:15 Out for a Drive</b> ✓ 3:30 Happy Feet Walking Group 6:00 Strikers Wii Bowling	Happy Birthday 29 Bryan ✓ <b>9:30 – 3:30 Kangaroo Creek Park in Lake Country</b> 10:00 Exercises GYM 6:15 “Call the Midwife” - TH	Happy Birthday 30 Fred K. 9:30 -12:00 SHUTTLE 11:00 Music with Maxine <b>1:00 SMS Students here with presentations</b> 3:30 Puzzle Time 6:30 Men’s Choir Practice DIN 6:15 “The Crown” Series	31 10:00 Seated Exercises TH 3:30 Happy Hour BYOB -FR Matt Duffas 6:15 Movie night -TH “This is Us” Series	June 1
June 2 <b>1:30 Voices and Strings Concert</b> 2:30 at Nexus Tickets \$15		Happy Birthday 3 <sup>rd</sup> - Ellen 4 <sup>th</sup> - Sjoek 6 <sup>th</sup> - Elizabeth 9 <sup>th</sup> - Fay 11 <sup>th</sup> - Josephine	Happy Birthday 13 <sup>th</sup> - Ruth 13 <sup>th</sup> - Chris 15 <sup>th</sup> - Patrick 21 <sup>st</sup> - Ron 29 <sup>th</sup> Bryan 30 <sup>th</sup> - Fred K.	OUT – outside GYM – in the GYM DR – in the Dining Room TH – in the Theatre FR – in the Front Room CR – 2 <sup>nd</sup> floor Craft area LIB – 3 <sup>rd</sup> floor library area	<h1>May 2019</h1> 