



All Activities are subject to the changing needs of the residents. Please see the notice by the mail boxes or whiteboard for updates, to give suggestions or to sign up for trips and activities.



March 2023

Andover Terrace

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Calendar Legend</u> All Day Outings Special Events Sign Up	<u>Locations Legend</u> Theatre (TH) Bistro (BIST) Bus (BUS) Front Room (FR) 2nd Floor Craft Area (CR) Private Dining Room (PD)		9:30 Stretches (TH) 1 1:30 Word Game (TH) 3:00 Nail Beauty (FR) 4:45 POKER WALK (All Day) (BIST)	Errands (BUS) 2 10:30 Exercises (TH) 1:30 Pre Concert Snacks (BIST) 2:00 Concert (FR) 3:45 Interger Choir (TH)	10:30 Seated Exercises (TH) 3 2:00 Art with Kim (CR)	10:30 Exercises (TH) 4 2:00 BINGO (BIST) 3:00 Movie "Canada the Undiscovered Land" (TH)
9:30 Broadview Church (TH) 5 11:00 Catholic Mass (TH) 2:30 Movie (TH)	9:30 Exercises (TH) 6 10:00 Hearing Aid Cleaning (PD) 10:15 Creative Conversations (TH) 1:00 Bowling (TH) 2:00 Drop and Shop (BUS)	9:30 Exercises (TH) 7 11:00 Nail Beauty (FR) 1:00 Drive to Vernon (BUS) 4:00 Reading Group (TH)	9:30 Stretches (TH) 8 1:30 Resident Meeting (BIST) 3:00 Concert (FR) 4:45 POKER WALK (All Day) (BIST)	Errands (BUS) 9 10:30 Exercises (TH) 1:30 Armchair Travel to Boston (TH) 3:45 Interger Choir (TH)	10:30 Seated Exercises (TH) 10	10:30 Exercises (TH) 11 2:00 BINGO (BIST) 3:00 Movie (TH)
9:30 Broadview Church (TH) 12 11:00 Catholic Mass (TH) 2:30 Movie (TH) 	9:30 Exercises (TH) 13 10:15 Creative Conversations (TH) 1:00 Bowling (TH) 2:00 Drop and Shop (BUS)	Pll Day / 3.14 14 9:30 Exercises (TH) 10:30 Word Game (TH) 2:00 Birthday Party (BIST) 4:00 Reading Group (TH)	9:30 Stretches (TH) 15 11:00 Nail Beauty (FR) 3:00 Concert (FR) 4:45 POKER WALK (All Day) (BIST)	Errands (BUS) 16 10:30 Exercises (TH) 1:30 St Patrick's Day Rhyme Time (BIST) 3:45 Interger Choir (TH)	St. Patrick's Day 17 10:30 Seated Exercises (TH) 2:00 Art with Kim (CR) 	10:30 Exercises (TH) 18 2:00 St. Patrick's Day Social (BIST)
9:30 Broadview Church (TH) 19 11:00 Catholic Mass (TH) 1:00 Hymn Sing with Nan (FR) 2:30 Movie (TH)	9:30 Exercises (TH) 20 10:15 Creative Conversations (TH) 1:00 Bowling (TH) 2:00 Drop and Shop (BUS)	9:30 Exercises (TH) 21 10:30 Toss Game (FR) 1:30 Out for a Drive (BUS) 4:00 Reading Group (TH)	9:30 Stretches (TH) 22 11:00 Nail Beauty (FR) 3:00 Concert (FR) 4:45 POKER WALK (All Day) (BIST)	Errands (BUS) 23 10:30 Exercises (TH) 1:30 Duck Development (TH) 2:30 Check Duck Eggs (BIST) 3:30 Wizard game (BIST)	10:30 Seated Exercises (TH) 24	10:30 Exercises (TH) 25 2:00 BINGO (BIST) 3:00 Movie (TH)
9:30 Broadview Church (TH) 26 11:00 Catholic Mass (TH) 2:30 Movie (TH)	9:30 Exercises (TH) 27 10:15 Creative Conversations (TH) 1:00 Bowling (TH) 2:00 Drop and Shop (BUS)	9:30 Exercises (TH) 28 10:30 Word Game (TH) 1:30 Out for a Drive (BUS) 4:00 Reading Group (TH)	9:30 Stretches (TH) 29 3:00 Concert (FR) 4:45 POKER WALK (All Day) (BIST)	Errands (BUS) 30 10:30 Exercises (TH) 2:00 90 year old social (BIST) 3:30 Wizard game (BIST)	10:30 Seated Exercises (TH) 31 2:00 Art with Kim (CR) 