

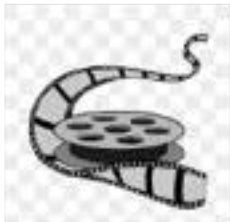


All Activities are subject to the changing needs of the residents. Updates are posted by the mailboxes and/or the whiteboard. Sign up sheets are posted by the mailboxes.

# November 2023



## Andover Terrace

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|--|--|---|---|--|---|---|
| <u>Locations Legend</u><br>Theatre (TH)<br>Bistro (BIST)<br>Front Room (FR)<br>Bus (BUS)<br>Off site (OF)<br>2nd Floor Craft Area (CR)<br>3rd Floor Library Area (LIB)<br>Dining Room (DR) | <u>Calendar Legend</u><br><b>All Day</b><br><b>Outings</b><br><b>Special Events</b><br><b>Sign Up</b><br><b>Entertainment</b><br><b>Resident Run</b>   | <u>Errands</u><br>Please have your errands to Barb or Helena by end of the previous day. Thanks for helping us plan.  | <b>9:30 Seated Exercises (TH) 1</b><br><b>2:00 Concert - Marv Machura (FR)</b><br><b>3:30 Wizard game (BIST)</b>  | <b>Errands (OF) 2</b><br><b>10:00 Vaccines (TH)</b><br><b>10:30 Name that Tune (BIST)</b><br><b>1:00 Comedy on the Big Screen (TH)</b><br><b>4:30 POKER WALK (All Day) (BIST)</b>  | <b>9:30 Seated Exercises (TH) 3</b><br><b>10:30 Current Events and Coffee (BIST)</b><br><b>2:00 Art with Kim (CR)</b>   | <b>10:30 Exercises (TH) 4</b><br><b>2:00 BINGO (BIST)</b><br><b>3:00 Movie (TH)</b><br>                              |
| <b>2:00 Clocks Fall Back 5</b><br><b>9:30 Broadview Church (TH)</b><br><b>11:00 Catholic Mass (TH)</b><br><b>2:00 Movie (TH)</b>   | <b>9:30 Exercises (TH) 6</b><br><b>10:00 Shaw Centre Walking Group (BUS)</b><br><b>1:00 Book Club (LIB)</b><br><b>1:00 Tea and Tango on the Notch Hill Express (BUS)</b><br><b>1:15 Bowling (TH)</b> | <b>9:30 Exercises (TH) 7</b><br><b>10:00 Jeopardy (TH)</b><br><b>1:00 Crafts (BIST)</b><br><b>1:00 Drop and Shop (BUS)</b><br><b>3:00 Intergen Choir @ Seniors Centre (BUS)</b> | <b>9:30 Seated Exercises (TH) 8</b><br><b>10:30 Yahtzee (FR)</b><br><b>3:00 Armchair Travel to Israel (TH)</b>  | <b>9:30 Exercises (TH) 9</b><br><b>10:00 Errands (OF)</b><br><b>10:30 Remembrance Day Event (FR)</b><br><b>2:00 Concert - Silver Haired Ladies (FR)</b><br><b>3:30 Wizard game (BIST)</b><br><b>4:30 POKER WALK (All Day) (BIST)</b> | <b>9:30 Seated Exercises (TH) 10</b><br><b>10:30 Current Events and Coffee (BIST)</b><br><b>1:00 Crafts (BIST)</b><br><b>2:00 Art with Kim (CR)</b>   | <b>REMEMBRANCE DAY 11</b><br><b>10:30 Exercises (TH)</b><br><b>2:00 BINGO (BIST)</b><br><b>3:00 Movie (TH)</b><br> |
| <b>9:30 Broadview Church (TH) 12</b><br><b>11:00 Catholic Mass (TH)</b><br><b>2:00 Movie (TH)</b>  | <b>9:30 Exercises (TH) 13</b><br><b>1:00 SJA Pet Therapy - Sam the Corgi with Gail (FR)</b><br><b>1:15 Bowling (TH)</b><br><b>2:30 Drop and Shop (BUS)</b>   | <b>9:30 Exercises (TH) 14</b><br><b>10:00 National Pickle Day (BIST)</b><br><b>1:30 Resident Meeting (BIST)</b><br><b>3:00 Intergen Choir @ Seniors Centre (BUS)</b>            | <b>9:30 Seated Exercises (TH) 15</b><br><b>10:30 Crossword (TH)</b><br><b>1:00 Name that Tune (BIST)</b><br><b>2:00 Concert - Shukuleles (FR)</b><br><b>3:30 Wizard game (BIST)</b> | <b>9:30 Exercises (TH) 16</b><br><b>10:00 Drop and Shop and Errands</b><br><b>1:00 Brain Games (TH)</b><br><b>2:00 Out for a Drive - Sunnybrae (BUS)</b><br><b>4:30 POKER WALK (All Day) (BIST)</b>                                  | <b>9:30 Seated Exercises (TH) 17</b><br><b>10:00 Baking Cinnamon Buns (BIST)</b><br><b>1:00 Sampling Cinnamon Buns (BIST)</b><br><b>2:00 Art with Kim &amp; Cheryl - Handmade Christmas Cards</b> | <b>10:30 Exercises (TH) 18</b><br><b>2:00 BINGO (BIST)</b><br><b>3:00 Movie (TH)</b><br>                           |

All Activities are subject to the changing needs of the residents. Updates are posted by the mailboxes and/or the whiteboard. Sign up sheets are posted by the mailboxes.

# November 2023

## Andover Terrace

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
| <b>19</b><br>9:30 Broadview Church (TH)<br>11:00 Catholic Mass (TH)<br>1:00 Hymn Sing with Nan (FR)<br>2:00 Movie (TH) | <b>20</b><br>9:30 Exercises (TH)<br>10:00 Shaw Centre Walking Group (BUS)<br>1:00 Book Club (LIB)<br>1:00 SJA Pet Therapy - Sam the Corgi with Gail (FR)<br>1:15 Bowling (TH)<br>2:30 Drop and Shop (BUS) | <b>21</b><br>9:30 Exercises (TH)<br>10:00 Jeopardy (TH)<br>3:00 Intergen Choir @ Seniors Centre (BUS)   | <b>22</b><br>9:30 Seated Exercises (TH)<br>10:30 Yahtzee (FR)<br>1:00 Brain Games (TH)<br>2:00 Concert - Jim Johnston (FR)<br>3:30 Wizard game (BIST)<br>6:00 Christmas Cards with Caroline and Helena | <b>23</b><br>9:30 Exercises (TH)<br>10:00 Errands (OF)<br>1:00 Shuffleboard (FR)<br>2:00 Birthday Party (BIST)<br>4:30 POKER WALK (All Day) (BIST)                  | <b>24</b><br>9:30 Seated Exercises (TH)<br>10:30 Current Events and Coffee (BIST)<br>2:00 Art with Kim postponed this week (CR)                | <b>25</b><br>10:30 Exercises (TH)<br>2:00 BINGO (BIST)<br>3:00 Movie (TH) |
| <b>26</b><br>9:30 Broadview Church (TH)<br>11:00 Catholic Mass (TH)<br>1:30 Christmas Village Set Up (BIST)            | <b>27</b><br>9:30 Exercises (TH)<br>10:00 Baking (BIST)<br>1:00 Tasting the baking (BIST)<br>1:00 SJA Pet Therapy - Sam the Corgi with Gail (FR)<br>1:15 Bowling (TH)<br>2:30 Drop and Shop (BUS)         | <b>28</b><br>9:30 Exercises (TH)<br>10:30 Name that Tune (BIST)<br>1:00 Crafts (BIST)<br>2:00 Decorate Dining Room Windows (DR)<br>3:00 Intergen Choir @ Seniors Centre (BUS) | <b>29</b><br>9:30 Seated Exercises (TH)<br>2:00 Concert - Larry Duncan (FR)<br>3:00 Christmas Decorating and Cheer (DR)<br>3:30 Wizard game (BIST)<br>6:30 More Christmas Decorating and Cheer (FR)    | <b>30</b><br>9:30 Exercises (TH)<br>10:00 Errands (OF)<br>11:00 Out for Lunch Group (BUS)<br>1:00 Comedy on the Big Screen (TH)<br>4:30 POKER WALK (All Day) (BIST) | <b><u>Happy Birthday</u></b><br><b>8th - Anna</b><br><b>17th - Joy</b><br><b>23rd - Irene V.</b><br><b>30th - Doreen</b><br><b>30th Martha</b> |   |

*It's coming.....*

